Dedicated to the long and healthy life
of the peerless Lord of Refuge
Chatral Sangye Dorje Rinpoche,
the profound lineages of teachings he represents,
and all those who follow his example in working
with great compassion to tirelessly bring all beings
to a state of perfect Enlightenment.
Contents

Foreword ix
Editor's Preface xi
Acknowledgments xv
Introduction xvii
1 Chatral Rinpoche: The Life of a Legend 1
   A Reply in Three Syllables 19
2 Chatral Rinpoche's Steadfast Commitment to Ethics 23
   An Interview with Chatral Rinpoche 24
   On Meat Eating 31
3 The Compassionate Activity of Saving Lives 37
   "Thangtong Gyalpo's Aspiration Prayer for the Liberation
   of Fish" 40
   The Benefits of Saving the Lives of Other Beings 42
I am happy to see that a few of His Holiness Chatral Rinpoche's teachings are being published under the title *Compassionate Action*. The incomparable sublime master Chatral Rinpoche is a true Buddha in person and his wisdom mind and compassionate activities are therefore limitless.

This book presents a glimpse of my kind root teacher's vision and activities and I am confident that the efforts of my student Zach Larson will be beneficial for true seekers in the West.

I pray that through the publication of these teaching all beings may realize the genuine teacher's wisdom mind and forever be truly compassionate and joyful.

Shyalpa Jigmed Tenzin Wangpo
Index

ahimsa, 50
Amdo, 2, 4, 18
Amitayus, 67, 69, 70, 71, 74, 78
Asanga, xvi
Atisha, 50
Avalokiteshvara, 27, 47, 57, 63, 71, 99
Baker, Ian, 67
bardo, 84, 113
Bhutan, 7, 10, 107, 109, 114
Bodhgaya, 8, 18, 29, 70, 83, 86
bodhicitta; 58, 84, 85, 86, 96, 99
bodhisattva, xv, xvii, 14, 25, 26, 27, 29, 45, 46, 108, 110, 118
bodhisattva vow, xv, xvii, 27, 45, 46, 108
Calcutta, ix, 12, 22, 46
chöd, 28, 69, 112
compassion, v, xiii, xv, xvi, xvii, 2, 9, 10, 12, 14, 18, 22, 26, 27, 28, 45,
47, 49, 50, 51, 64, 65, 74, 75, 77, 78, 83, 97, 99
dakini, 6, 8, 63, 108
Dalai Lama, His Holiness the 14th, ix, 5, 17, 108, 109
Darjeeling, 8, 10, 14
degenerate age, xiii, 13, 59, 60, 61, 63, 91, 99
Dharmakaya, 8, 9, 77, 99, 103, 104
Dorje Dradul, Tulku, 3, 103
Dudjom Tersar, 3, 5, 75, 103
Dudjom Yangsi Rinpoche, 80, 81
Dzogchen, 3, 8, 9, 10, 22, 48, 60, 61, 67, 107
Dzogchen Monastery, 22, 107
India, ix, 8, 9, 10, 12, 14, 19, 22, 46, 88, 109, 114
Karmapa, Ranjung Rigpe Dorje the 16th, 9
Kathok Monastery, 3, 4
Kham, xv, 1, 4, 18
Khandro Dewai Dorje, 3, 105
Kusho Kamala, Sangyüm, 8, 14
Lhasa, 5, 109
Lingpa, Rigzin Jigme, 28, 60, 104
Lingpa, Terton Dudjom, 3, 5, 103
Longchen Nyingthig, ix, 3, 8, 11, 60, 104, 107
Longchen Rabjam, 86, 104, 107
Compassionate Action

Lungtok Tenpai Nyima, 3, 11, 104, 107
Mahayana tradition, xvi, 17, 27, 45, 49, 51
Manjushri, 63, 85
Mara, 86
Maratika, 67, 69, 70, 71, 72, 74
Meat eating, ix, 8, 17, 18, 19, 20, 21, 22, 25, 26, 27, 28, 29, 83
Merton, Father Thomas, 8, 9
Nepal, ix, xiii, 10, 16, 17, 88, 109, 110, 114
Ngawang Palzang, Khenpo, 3, 4, 5, 11, 104, 107, 109
ngöndro, 3, 61, 107
Nyingma School, ix, xv, 2, 3, 6, 8, 9, 18, 21, 22, 28, 51, 75, 81, 83, 85, 86, 87, 88, 90, 107, 109, 110, 112, 113, 117
Padmasambhava, Guru, ix, xiii, 3, 6, 7, 10, 13, 21, 60, 63, 67, 68, 69, 73, 86, 97, 99, 103, 104, 105, 107, 108, 109, 110
Reting, Regent, 5
Rinpoche, Chotrul, v, ix, x, xiii, xv, xvi, xvii, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 22, 25, 45, 46, 47, 49, 59, 60, 61, 62, 63, 70, 75, 76, 80, 81, 97, 99, 101, 103, 104, 105, 109
Rinpoche, Chökyi Nyima, 4, 6, 11, 107, 110, 117
Rinpoche, Dudjom, 2, 5, 6, 7, 10, 75, 80, 81, 97
Rinpoche, Jamgon Mipham, 85
Rinpoche, Kalu, 9
Rinpoche, Lama Tharchin, 13, 65
Rinpoche, Patrul, xv, 3, 104, 107, 118
Rinpoche, Tarthang Tulku, 22, 113
Rinpoche, Thinley Norbu, 80
Rinpoche, Tulku Urgyen, 6, 11
Samantabhadra, 99, 101, 103, 104
sarvabhadra, 49, 87
Saraswati, 8, 22
Sera Khandro, 3, 8, 105
Shakyamuni Buddha, xv, 16, 17, 49, 50, 51, 63, 114
stupa, 10, 53, 54, 55, 56, 57, 58
shunyatta, 9, 50
termas, 3, 6, 27, 60, 67, 107, 108, 112, 117
Theravada tradition, 17, 27, 49
Tibet, xv, 1, 3, 4, 5, 6, 8, 18, 19, 108, 112, 117
tögyal, 3, 107
trekchod, 3, 11, 107
Vajrasattva, 11, 103, 104
Vajrayana tradition, xv, 17, 27, 49, 78, 84
Vimalamitra, 3, 104, 107, 109
Yangleshöd, xiii, 10, 13, 21, 90, 100
Yolmo, 67, 68
Chatral Rinpoche at age 25—
a legend in the making